



### HONEY BADGER 5K CHEAT SHEET

- Follow Shoreline Trail heading out of the start/finish area at Miwok Meadows. Follow Shoreline Trail for **1 mile**.
- Veer **LEFT & UPHILL** on Shoreline Trail at the trail split.
- Continue on Shoreline to the intersection of Shoreline & Back Ranch. (**1.5 Miles**)
- Run **STRAIGHT** through this intersection and continue on Shoreline Trail.
- Continue on Shoreline Trail and follow a few switchbacks downhill towards the campground parking lot.
- There's an aid station (**2 miles**) right next to the campground parking lot.
- Take an **IMMEDIATE RIGHT** after the aid station and run through the parking lot towards Back Ranch Trail (follow the yellow flagging tape/cones on the right shoulder of the road).
- After roughly 200-300 meters, **VEER RIGHT** towards the entrance to Back Ranch Trail at the end of the parking lot.
- Cross a small bridge and take an **IMMEDIATE LEFT** to head towards Shoreline Trail.
- Connect with Shoreline Trail & head back to the START/FINISH area in Miwok Meadows!



### HONEY BADGER HALF MARATHON CHEAT SHEET (FIRST LOOP)

- Follow Shoreline Trail heading out of the start/finish area at Miwok Meadows. Follow Shoreline Trail for **1 mile**.
- Veer **LEFT & UPHILL** on Shoreline Trail at the trail split.
- Continue on Shoreline to the intersection of Shoreline & Back Ranch. (**1.5 Miles**).
- Take a **LEFT** (and head **UPHILL**) on Back Ranch Trail.
- Connect with Bay View Trail at the top of the hill and continue **STRAIGHT** towards the Knight Drive Aid Station (**2.35 miles**)
- Grab some water, NUUN, and fuel at the Knight Drive Aid Station (**3.35 miles**).
- Continue on Trail past aid station towards McNears Fire Road, Cross over McNears Fire Road towards Peacock Gap
- Cross over McNears Fire Road again and through fence towards Peacock Gap. Follow Switchbacks downhill.
- Stay straight on the trail and continue on Shoreline Trail (**4.35 Miles into Race**)
- Follow markings and signs that say Miwok Meadows.
- Connect with Miwok Fire Road (**6.35 miles**) and head towards the **2<sup>nd</sup> aid station** near the start/finish area.
- Grab some water, NUUN, fuel and continue on Shoreline Trail for the **2<sup>nd</sup> loop** of the half marathon!



### HONEY BADGER 10K CHEAT SHEET

- Follow Shoreline Trail heading out of the start/finish area at Miwok Meadows. Follow Shoreline Trail for **1 mile**.
- Veer **LEFT & UPHILL** on Shoreline Trail at the trail split.
- Continue on Shoreline to the intersection of Shoreline & Back Ranch. (**1.5 Miles**).
- Take a **LEFT** (and head **UPHILL**) on Back Ranch Trail.
- Connect with Bay View Trail at the top of the hill and continue **STRAIGHT** towards the Knight Drive Aid Station (**2.35 miles**)
- Grab some water, NUUN, and fuel at the Knight Drive Aid Station (**3.35 miles**).
- Continue on Trail past aid station towards McNears Fire Road, Cross over McNears Fire Road towards Peacock Gap
- Cross over McNears Fire Road again and through fence towards Peacock Gap. Follow Switchbacks downhill.
- Stay straight on the trail and continue on Shoreline Trail (**4.35 Miles into Race**)
- Follow markings and signs that say Miwok Meadows.
- Connect with Miwok Fire Road (**6.35 miles**) and head towards the finish!



### HONEY BADGER HALF MARATHON CHEAT SHEET (SECOND LOOP)

- Follow Shoreline Trail heading out of START/FINISH. Follow Trail for 1 mile.
- Veer **LEFT & UPHILL** (again) on Shoreline Trail at the trail split.
- Continue on Shoreline to the intersection of Shoreline & Back Ranch Trail.
- STAY STRAIGHT** @ Intersection w/Back Ranch Fire Road (**8 Miles**) & continue running on Shoreline Trail. Stay on Shoreline & follow switchbacks downhill.
- Run **STRAIGHT** on Shoreline Trail across a small bridge to your **FINAL AID STATION**.
- Your final Aid Station is on the right at the gravel Parking Lot (**8.75 Miles**).
- Head **RIGHT** towards Bay View Trail after the aid station.
- Head **UPHILL** on Bay View Trail towards Back Ranch (final climbing segment).
- At the top of Bay View Trail, turn **LEFT** and head towards Back Ranch Trail.
- Follow Bay View Trail until you reach the top of Back Ranch Trail. Veer **LEFT/DOWNHILL** on Back Ranch Trail (**11 miles**).
- Continue **DOWNHILL** (watch your footing!) on Back Ranch until you reach the Back Ranch & Shoreline intersection.
- Turn **RIGHT** on Shoreline Trail (**12 miles**).
- Follow Shoreline Trail back to Miwok Meadows (~**13.18 miles**)