



Here's a description/cheat sheet for the **Sasquatch Scramble 5K Race**.

1. Start at Canyon Meadow, near picnic tables.
2. Follow paved trail past playground and onto a small bridge.
Right onto **Stream Trail** after bridge.
3. Stay on Stream Trail past Chown & Fern Trails.
4. Stay on Stream Trail crossing over small bridge. Stay on Stream until reaching **Prince Trail** Intersection.
5. **Turnaround** at **Prince Trail** and Return to Canyon Meadow. Back-track to Canyon Meadow along **Stream Trail**. Cross the final bridge, and run along the paved trail past playground. Sprint into the Finish!

LOOK FOR YELLOW TAPE AND SIGNAGE!



Here's a description/cheat sheet for the **Sasquatch Scramble Half Marathon Race**

1. Start at Canyon Meadow, near picnic tables
2. Follow paved trail past playground and onto a small bridge
3. **Right** onto **Stream Trail** after bridge
3.5 Stay on Stream Trail until it terminates at Skyline Gate Aid Station
4. Stay on Stream Trail past Chown & Fern Trails
5. Stay on Stream Trail crossing over bridge (1.25 Miles)
6. Stay on Stream past Prince Trail intersection
7. Follow Stream Trail to the right **uphill** past Tres Sendas/Starflower Trail Intersection
8. Stay on Stream past Eucalyptus Trail Intersection
9. Head **uphill** on Stream to **Skyline Gate (Aid Station, Mile 3 - Next Aid in 5 Miles)**
10. Left onto West Ridge Trail (Mile 3)
11. Left onto French Trail (Mile 3.5)
- 11.5. *Stay on French Trail for 3 Miles until it terminates into Orchard Trail (rolling terrain)*
12. Stay on French past Tres Sendas Trail
13. Stay on French past Redwood Peak Trail



Here's a description/cheat sheet for the **Sasquatch Scramble 10K Race**.

1. Start at Canyon Meadow, near picnic tables
2. Follow paved trail past playground and onto a small bridge
3. **Right** onto **Stream Trail** after bridge
3.5 Stay on Stream Trail until it terminates at Skyline Gate Aid Station
4. Stay on Stream Trail past Chown & Fern Trails
5. Stay on Stream Trail crossing over bridge (1.25 Miles)
6. Stay on Stream past Prince Trail intersection
7. Follow Stream Trail to the right **uphill** past Tres Sendas/Starflower Trail Intersection.
8. Stay on Stream past Eucalyptus Trail Intersection
9. Head **uphill** on Stream to **Skyline Gate (Aid Station, Mile 3)**
10. **Right** onto **East Ridge** Trail at Skyline Gate
11. Stay on East Ridge past Philips Loop
12. Stay on East Ridge past Eucalyptus Trail Intersection
13. Stay on East Ridge past 2nd Philips Loop Intersection
14. **Right** onto **Prince Trail** heading downhill (Mile 4)
15. **Left** onto **Stream Trail** (heading back towards Starting Area)
16. Follow Stream back to Canyon Meadow past all Trail Intersections
17. Left across bridge onto paved trail
18. Follow paved trail past playground and to Canyon Meadow
19. Sprint into the finish!

LOOK FOR BLUE TAPE AND SIGNAGE!

14. Follow French Trail uphill & left past Starflower Trail
15. Stay on French past Madrone Trail
16. Stay on French past Fern Trail & Chown Trail
17. **Right uphill** on **Orchard Trail** (Mile 6.10)
18. **Right** onto **West Ridge Trail** (Mile 6.25, follow West Ridge to Aid Station in 2 Miles)
19. Stay on West Ridge past Tate, Baccharis, Chown, & Fern Trails
20. Stay on West Ridge past Madrone & Graham Trails
21. Reach Aid Station # 2 at Redwood Bowl (Mile 8.25)
22. Follow West Ridge past Tres Sendas & French Trail to Skyline Gate (2 Miles from Aid Station #2)
23. Skyline Gate Aid Station (Mile 10, last aid station before finish)
24. **Follow West Ridge onto East Ridge Trail**
25. Follow East Ridge past Phillips Loop & Eucalyptus Trails
26. **Right** onto **Prince Trail** heading downhill (Mile 11.25)
27. **Left** onto **Stream Trail** (heading back towards Starting Area, Mile 11.5)
28. Follow Stream back to Canyon Meadow past all Trail Intersections
29. Left across bridge onto paved trail
30. Follow paved trail past playground and to Canyon Meadow
31. Sprint into the finish!

LOOK FOR RED TAPE AND SIGNAGE!